



Lakeshore Grounds  
Interpretive Centre

## Knitting Instructions for War Work The Canadian Red Cross Society Originally published February 1940

### Army Socks

**Colour** - Khaki, Brown, Heather Mixture, Grey, or any suitable colour

**Wool** - 4 ply fingering, 5-6 ounces or equal weight

**Needles** - Average Knitter - 4 No. 11 (US 3 or 3mm)

Tight Knitter - 4 No. 10 (US 3 or 3.25mm)

Loose Knitter - 4 No. 12 (US 2 or 2.75mm)

Bell gauge, points both ends.

### Measurement -

All sizes from 10-12 required.

Length of leg from top of the cuff to under the heel from 14 in. - 16 in. To make a 16-in. sock add 2 in. to the directions for leg, making 13 in. instead of 11 in.

Cast on 60 stitches, rib 4 in., 2 plain, 2 purl.

Knit plain 7 in., 9 in. for 16-in sock, (11 in. in all)

**HEEL** - Knit plain 28 stitches on to one needle, turn, purl back these 28 stitches, turn, knit plain.

Repeat these two rows (always slipping the first stitch) 11 times (12 in all), or 24 rows.

With the inside of the heel toward you, purl 15 stitches, purl 2 together, purl 1.

Turn, knit 4 stitches, knit 2 together, knit 1, turn, purl 5 stitches, purl 2 together, purl 1.

Turn, knit 6 stitches, knit 2 together, knit 1, turn, purl 7 stitches, purl 2 together, purl 1.

Turn, knit 8 stitches, knit 2 together, knit 1, turn, purl 9 stitches, purl 2 together, purl 1.

Turn, knit 10 stitches, knit 2 together, knit 1, turn, purl 11 stitches, purl 2 together, purl 1.

Turn, knit 12 stitches, knit 2 together, knit 1, turn, purl 13 stitches, purl 2 together, purl 1.

Turn, knit 14 stitches, knit 2 together, knit 1.

Pick up and knit the 12 stitches down the side of the heel piece and knit 2 stitches off the front needle.

Knit 28 stitches off the front needles on to one needle; the last 2 stitches knit on to the 3rd needle, on which pick up and knit the 12 stitches at the other side of the heel piece. Divide the heel stitches on to the 2 side needles and knit right round again to the centre heel.

## **Army Socks continued (2/2)**

First needle, knit to within 3 stitches of the front end of side needles, knit 2 together, knit 1.

Front needle plain.

Third needle, knit 1, knit 2 together, knit plain to end of needle.

This reducing to be done every other row until there are 56 stitches on the needles (front needle 28, side needles 14 each).

Knit plain until the foot from the back of the heel measures 9 inches.

**KITCHENER TOE** - Decrease for toe - knit 6 stitches, then knit 2 together, knit 6 stitches, knit 2 together. Repeat this to end of the 3 needles.

Then knit 5 rows plain. Then knit 5 stitches, knit 2 together, and repeat to the end of 3 needles.

Then knit 4 rows plain. Then knit 4, knit 2 together, repeat to the end of 3 needles.

Then 3 plain rows. Then knit 3 stitches, knit 2 together, repeat to end of 3 needles.

Then knit 2 plain rows. Then knit 2 stitches, knit 2 together and repeat to end of 3 needles.

Then 1 plain row. Then 1 row decreasing, if necessary, so as to leave 10 stitches on front needle and 5 on each of the back needles.

**GRAFTING** - Divide the stitches equally on two needles. With the wool at one end and with the right side of work facing, break off the wool, leaving a length of several inches, and thread this with a wool needle.

\*Inserting the wool needle, as if for knitting, into the first stitch of the front needle, draw it through the stitch and slip the latter off the needle inserting the needle as if for purling, into the second stitch of the front needle, draw the wool through and let the stitch remain on the needle: taking the wool under the front needle and inserting the wool needle, as if for purling, into the first stitch of the back needle, draw the wool through the stitch and slip the latter off the needle: inserting the needle, as if for knitting, into the second stitch of the back needle draw the wool through and let the stitch remain on the needle, bring the wool forward under the needle and repeat from \* until all stitches are worked off, darning in the end of the wool securely when finished.

**ALTERNATE TOE** - Decrease for toe. On front needle knit 2, knit 2 together. Knit to within 4 stitches from end of needle, knit 2 together.

Knit to within 4 stitches from end of needle, knit 2 together, knit 2.

On first side knit 2, knit 2 together, knit to the end of needle.

Knit to within 4 stitches from the end of second side needle, knit 2 together, knit 2.

Knit 3 rounds plain. Then 1 round decreasing, then 2 rounds plain.

\*Then 1 round decreasing. Then 1 round plain. Repeat from \* until there are 10 stitches on front needle and 5 on each side needle. Now slip stitches from one side needle to the other, making 10 stitches on 2 needles. Break wool, and finish as for Kitchener Toe.

**Wash - press or stretch -**

**Join with wool drawn through and tied in tight bow. Attach size label.**



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### **Man's Plain Knitted Scarf - (with or without fringe)**

**Colour** - Khaki or any suitable colour for military woollens.

**Wool** - 10 ozs. heavy 4-ply Scotch fingering

**Needles** - 2 No. 9 (US 4 or 3.5mm)

**Measurement** - Width not less than 12 inches.  
Length not less than 46 inches.

**The scarf without fronges:** Cast on 56 stis.

Knit 46 ins. plain knitting.

Cast off.

**The scarf with fringe:** Cast on 56 stis.

Knit 44 ins. plain knitting.

Cast off.

**The fringe:** Wind the wool over a piece of cardboard 4 ins. wide and cut through one edge.

Taking 4 strands together, double them, and using a crochet hook, draw a loop through the end of the scarf, pass the ends through the loop and knot firmly.

Repeat at even distances along the ends of the scarf.